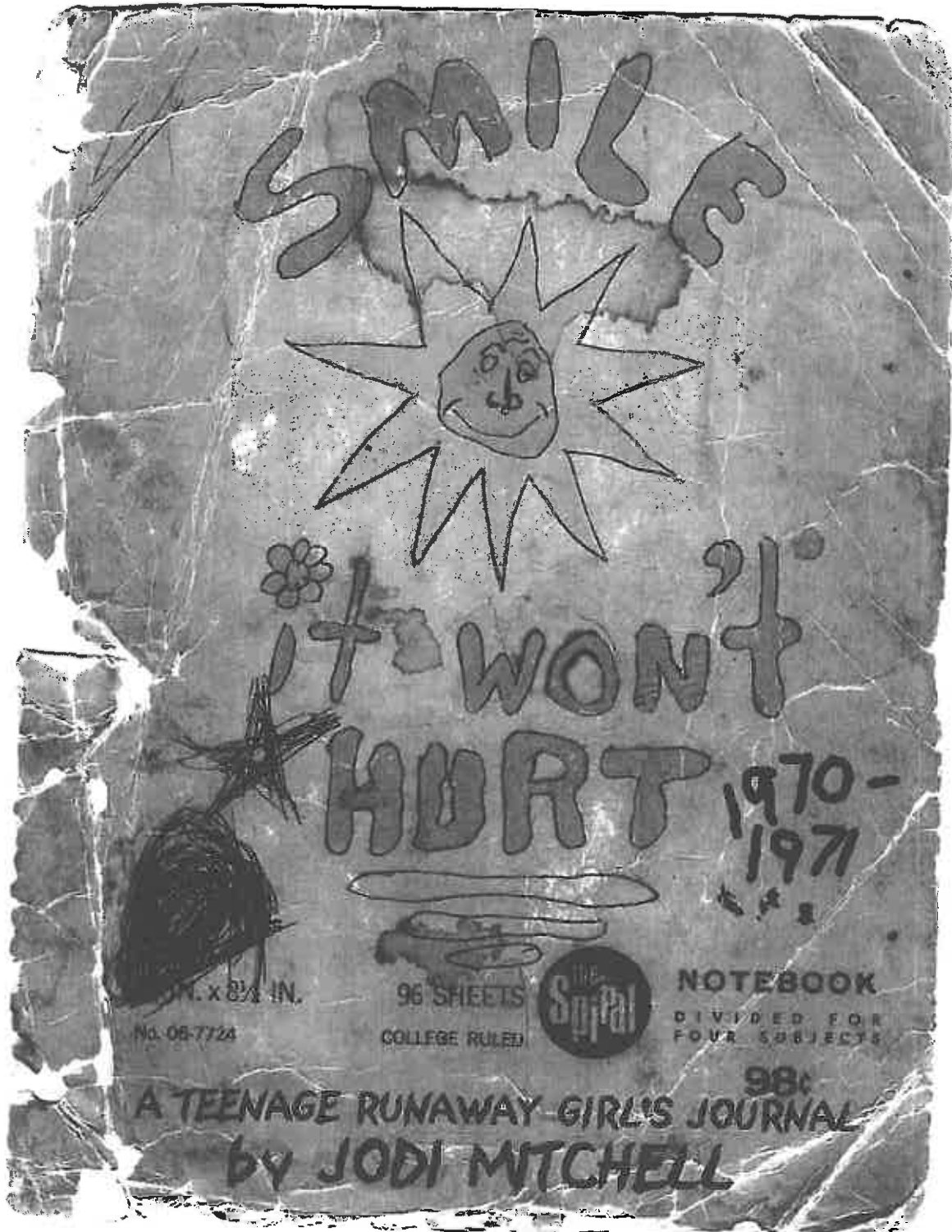


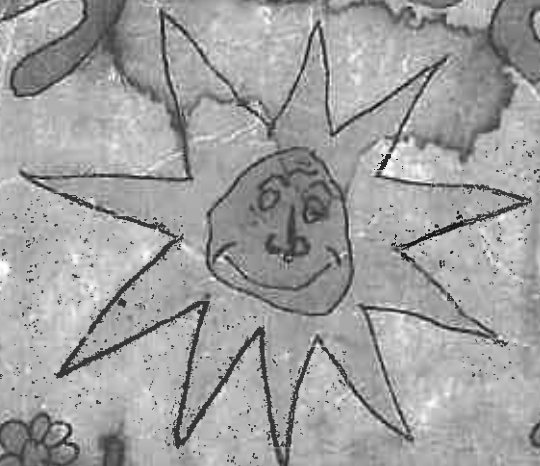
Bruce- my son's father



Bruce Mitchell



SMILE



it won't
HURT

1970-
1971
K.F.S.



11. x 8 1/2 IN.
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96 SHEETS
COLLEGE RULED



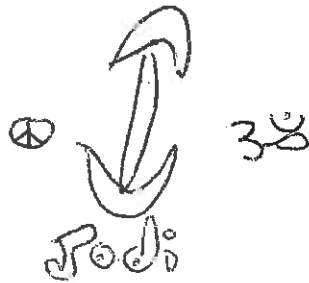
NOTEBOOK
DIVIDED FOR
FOUR SUBJECTS

98¢

A TEENAGE RUNAWAY GIRL'S JOURNAL
by JODI MITCHELL

cover of
Journal # 2

JOURNAL



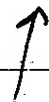
1. Wheelers' Ranch
1971 March - May

DM

My son's
Father,
who I later
married.
Now
deceased

100

MOON in SCORPIO
May 9th



Bruce LEFT Today. said for me to stay, & get it together. I cry very sad. Miss him very much. Forgot his peace medallion. will wear it for him. My little kitten sticks around, stays close to me. very cute. I love him. pierced my nose. No pain. I like it. 'Sun' hugged me today. cooking a veg. stew (spinach, carrots, onion, celery, potatoe, cabbage, mushrooms & spices). first time. will stick around a while - try to clear the fog out of my head - learn to cook - & survive off the land & by myself. good medicine. but lonely. Bruce & I were together during a heavy time - both of us going thru changes - too close & stuck on each other ^{in small house} - couldn't get our own separate shit together. competition, ego, keeping an image all involved now on our own. said he'd be back. ~~left~~ left all of his possessions. what will be, will be. Helene said I looked pretty - I said I didn't feel pretty. where do I go, where do I go - from here...? My whole life so many people, but so alone. always left alone & to make it on my own always.

May 10th - SCORPIO

Slept well. Little cat slept on my shoulder all night. good companion. Sleep at sunset. no light in here anyway. want to get in habit - sleep at sunset, wake at sunrise. Woke up with terrible eye infection. Soak it. Moonflower came to visit - brought me food (!). got plenty of vegetables. Showed me wild plants I could eat. gave me matches, candle & golden seal to soak my eye in. both of us eating with Pat tonight. Paul & son not home. I made salad. My garden has spinach & mustard greens! giving Pat, Marie plants. Start going to milking at sunset (or sunrise). dinner was good. Pat gave me butter, cat food, & kerosene. (I figured out how to fill kerosene lamp myself. Light!! Not so lonely. going to try hard to get my shit together. Night Time! - Ira - Ericad from Bezekely came down. vice rap. crashed here. OPI's birthday

May 11th - SAGITTARIUS

ate breakfast, Ira still here for another day. cold, foggy morning. hope it clears up. want to hang bedding out in sun. do dishes, make chaparris. went up

got water, did dishes, John came down, chopped wood for me, Ira here - drew picture of kerosene lamp - gave it to me, made dow for chiparries - gonna make bed, start fire - & start cookin', starting to emerge from my hermit stage slowly but surely, one has got to start on themselves & get it together - before they can get it together with others. Make chapparries soft so dinner of brown rice, carrots, onions, bay leaves, tumeric, cumin, celery, mushrooms, spinach, soy sauce could be rolled in them, came out very good. Kitten (Baba) very babyish - hasn't grown independent or noticed woods yet - stays close to me, purrs alot. good.

May 12th - SAGITTARIUS

Ira slept here again, got up eyes better - but still fucked. Pat & Eden came over, said theirs a feast going to happen on land, good. I'm hungry! (as usual, love to eat, love to sleep). Had lovely feast today, lots of sun (instead of overcast, as has been the last 2 wks.) Beautiful hot sauna, lots of food, people wine & music. H

OM SHANTI OM
SHANTI SHANTI
-OM SHANTI-
OM SHANTI OM
SHANTI SHANTI
-OM-

guys from West Germany made a movie of us, helped Pat carry some stuff to her house with Maverick Rapped with him for 1st time, gave me a little pouch - said for me to find a stone I really, really liked - think about it for a day + then wear it in the pouch + it will bring me luck. ate supper at Pats again, supposedly a bust tomorrow at sup-up, Don't know whether to believe it or not, but not worried - yet. Ira still here.

Saw a deer looking straight at me + Maverick across on other hill. Raining but mellow, peaceful night, getting closer to people on land. Helene Pat, meeting new people, feel more together + sure of myself, but a bit sad. Botch is leaving for N.York - so many people going back east.

I can't understand it! Met Alicia today - she asked me my name in saunna, a large, perfect circle around the sun. Somebody said it means its going to rain, it did too! Stayed mostly to myself at least.

May 13th - Capricorn

Ira left after going on commodity RUN. Turned me on to butter, peas, prunes, (meat & milk for cats) & apple juice! alone again - but reasonably happy & peaceful. cleaned house. washed dishes. picked some greens from my garden. washed hair. read some. cat very mellow & babyish - hangs on to me - won't go explore. but, eats better & gets braver each day. I love little Baba ji's eye almost better. nose doing good. hope to get turned on to wheat flour (for chaparries) & rolled oats. Then will be well set for awhile. Tho' I could dig some herbal teas & honey. nice, sunny day & there was no bust! just a RUMOR I guess. feel good. getting lots of fresh air & rest & eating well. my cabbages sprouted today! Keep busy most of the day - good for me. don't get time to get depressed or worried! cooking nice veg. stew & chaparries for supper. picked some camomile flowers for tea. finished reading SMITH OF WOATTON Major & Farmer Giles of Ham by Tolkien. good, fairy-tale like book. Ray & Michael came over with some herbs. Buena mixed it with my camomile.

& eucalyptus, I had some tea.
Started reading 'electric acid
Kool-aid Test' because I never
read it.

May 14th - CAPRICORN

got up very early, beautiful hot
day. Moonflower came over - we
ate salad & rapped & went up to
community garden. picked greens,
radishes & camomile. lots of people
out working in their gardens. went
back to Moonflowers house & ate
steamed vegetables & dates. turned
me on to some dates - and useful
newspapers on gardening & cooking
to read. rapped about the beauty of
death & what a high thing it is;
the doing away of the physical body
as it becomes one with the earth &
the long sought for release of
all attachments & worries & misery.
we also talked about birth &
birth control. Both of us believed
only in God as birth control. when
one is meant to get pregnant, one
will. think a lot of West Virginia
& how pretty it is this time of
year. Maybe I will truck back &
see family & old friends & Dad's
small farm (?). The mountains &
birds & flowers are all so lovely

there this time of year. came home -
 fed the cat's; straightened up read
 & Took Notes. Made Tea, Chapparris
 ate prunes. STILL Reading. will go
 TO sleep soon again -
 becoming a habit. so much
 more to learn so little I know.

May 15th - cap. - aquarius.

very windy, cold day. Stayed
 in bed all day & read & copied
 down Recipes & tips for future
 reference. went out to pee, water,
 garden & plant garlic. ~~started~~ started
 mustard greens in butter sauce.
 very good taste. I will pick
 some more this wk. Learning
 to cook well. Mellowing out - but
 such a long way to go. Must
 listen MORE TO the silence of
 my self. Too impatient & afraid
 & worried hang-ups. Illusions
 Hendrix, Joplin - finally release
 of all miseries & physical
 attachments. Is suicide a good
 answer? OR should one wait
 for God to release them from
 this burden. No natural death I
 know I am going to die young - I've
 flunked this since I was a child.
 I will never be an old lady.
 I'm in many dreams lately.

of the Krishna people, the temple & me chanting. maybe it is a sign(?) also many dreams of traveling to distant places, It's in the cosmos. we'll see, we'll see...

I kind of live on the outside of life. I'll take a taste of everything but never completely give myself to anything. I'm an observer, a listener, basically a loner. I flow with it. never taking anything too seriously. I hold my head high, smile & keep silent. This is how I get by.

I am the wind

I am the wind

I am the wind

(weep for me - willow tree

~~the wind is the wind~~

~~as a past~~

~~into infinity~~

Blowing through the past All;
on into infinity.

Aum
Shanti

May 16TH Saturday
MOON in AQUARIUS

got up after Lazying in bed
a while. decided To go up To
community garden for more greens.
Stopped at Na-Su & Eddie's at the
way - Found out to my surprise
it was Sunday - Feast day! I kipped
to & waited for them - when up
caught tail end of sauna - got
rinsed well (so clean my body).
progressed To Feast which had just
began. beautiful sunny day. everyone
sat down - 2 Lines facing each
other, held hands, closed eyes
and 'O M'ed' - Felt all the
electric current of Love & peace
Flow. while the children & dogs
Romped in the flower strewn
Fields. Lots of visitors as usual.
Not too much music, ate well - sat

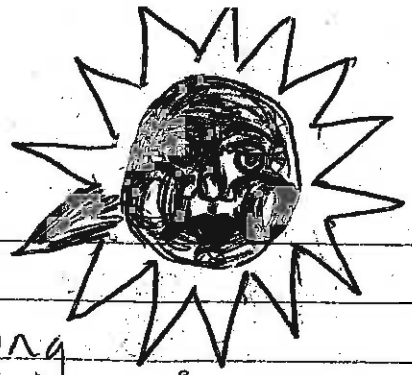
in sun awhile - then
left crowd - went to garden
& picked greens. Slowly
wandered home - did dishes -
went up to get water - made
Babaji follow me (he never
leaves home - saw a dog - freaked
out & ran up a tree) - left him
there. hope he finds his way
back. He is awful young and
unknowing. Maybe I am too
hasty with him & in time he'll
learn. If he comes back I
will be more loving & let
him be. ~~if~~ cleaned up, watered
garden. Made supper. Moonflower
said for me to stop over & she
will give me some food stamps.
out - a - sight. I'll go on
community run Wednesday -
& get honey, oranges &

7-15
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Living
whatever. ~~Living~~ on vegetables &
some grains is good - but I still
get cravings for sweets & fruits.
(honey, figs, dates, oranges, bananas)
going to finish supper - drink tea -
Read - & then to bed. in bed while
reading - beautiful shepherd pup
that followed me home sleeping
beside me. Na-Su comes over
said kitten found its way back -
gave it to me. so glad worried
about the little thing. slept
with a animal on each shoulder

May 17th

Woke up very early. even
earlier heard Pat screaming.
She is very nice - but very
loud - so is her child (which stands
to reason) - the noise is too much -
I wish they would mellow out to
live down here for peace & quiet - &
here them all day long! Fed Kitty
& Pup. Beautiful, calm, sunny,
warm spring day. Birds chirping.
Bee's, hummingbirds. Smells of
fresh air, flowers, morning dew.
hope puppy sticks around. She is a
happy, healthy big puppy - looks
just like Gita. likes the cat -
but the cat deathly afraid of
doas. Has not to mellow out in

the country, poor little city cats
wore no clothes and sat in
sun all day - in garden & read &
studied from 'Back to Godhead'
Magazine. very much into Krishna
consciousness - big Festival
coming up in June - hope to go to
SoF. a few days before & help
prepare. a march to the sea -
large floats & chariots & lots
of flowers, people, chanting &
dancing. should be a very high,
beautiful, joyful occasion. thru
chanting, listening, eating only
pure, natural foods, & indulging
as little as possible into anything
for 'sensual satisfaction' or
'artificial highs' I am getting
further & further away from the
materialistic world & closer &
closer to Krishna. Maybe in my
next life, or possibly the one after
that, I will attain a "spiritual
body" - & will not have to hassle
with a physical body & reincarnation
any longer. I am working at it 'Now',
but not my hardest. For I am
still living out a lot of illusionary
things. It will take more time.
Went up to water, showered,
watered garden - came in - read.



Made supper, reading going
to bed sun-down again. since I
started doing this (early to bed -
early to rise) - I feel much more
rested & energized during the day.

I'm getting MYSELF a lot more
together - but, I've still got
a lot of mellowing out to do.

Living the way I am now is
GOOD MEDICINE. The puppy
is still here. named her:

Pot cleaner! I've been eating
an awful lot lately. Good,
healthy foods too. But, I'm always
hungry - so I guess my body needs
it! → March 1975 - ~~_____~~

May 14th - PISCES

wake up it was a chelsea
morning and the first thing
that I heard... was a song
outside my window..."

yes, it's so nice to wake up
very early each morn. - & here
the birds' chirping, and smell the
lilacs, and see the morning sun
poking thru corners of my house -
here & there. Heavily, thinking
about W. Va. - so peaceful, warm,
fertile, blooming & springy it
gets there now. would love

To see my family & old friends also, ~~hassles~~ do not want to hitchhike back East - but if I had someone to go with I'd hitchhike back to Wala (unless somebody would want to go who has a car?) - I would help Dad on his farm & also stay at the Krishna Farm in Moundsville for awhile. Pot-cleaner still here - becoming a pest - doesn't leave house & is very bad & untrained. I love her - but don't want a dog until I have my own place some day where dogs are wanted. Wish she would go play in the woods & go back to her owner (whoever that is). Son gave me 10⁰⁰ in food stamps. Oh, happy day! Going on community run tomorrow - oranges & figs - here I come! Very hot, sunny day - laying out in sun all day. cooking big pot of prawn rice during day. supper - put some oil in frying pan with rice, cut-up onion, garlic, turnip mushroom - Turmeric spice + soy sauce. Fried it, very Chinese with chop sticks and cup of tea - also very good.

OM Namō Jōdī Namō
" Hey Hey Hey Hey yeh
" " " " " "
" " " " " "

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May 19th

Thinking about spending the summer on the Krishna Farm in W. Va. will wait till after the big festival & see. Got up very early - preparing to go on exhausting community run. Too many people & confusion on one little bus. Going to town by myself or rather person & peacefully & leisurely shopping would be so much nicer. But I want the transportation - so will put my little head thru the strain once again. - just got home. community run was beautiful. Didn't get to Top of Land until 11:30. was sure I missed the bus. "you're either on the bus or off the bus" - got up top - there was the bus glistening in the sun - & there were the few! people going along - sun bathing beside it. So quietly & slowly we went to sebas to pd - where I got Honey, Olive oil, & wheat germ. - quietly & slowly back home - stopping at a fruit stand where I got dates, apples, oranges, carrots, celery, & cabbage galore! got home - logged food down to Krdl - packed it away. good, healthy Krishna

Food cleared shelves of all
shit I've been living on - giving
it away. I can't understand why
people eat shit - when for the same
money they could eat good, healthy,
pure foods. Now I am going to
live on fruit, salads, wheat germ,
milk, honey, herbal teas - & a few
cooked greens or veg. stews once
in a while. No more spaghetti, white
rice, white flour - sugar, pancakes,
breads - or heavy, mucous forming
foods. Still have a few dollars in
food stamps left over too. Still
got the gardens to live from -
when the berries are out - oh
heaven! am getting very tanned.
My body is firm, lean & muscular.
I am so healthy. going up to
get water, coming back - finish
cleaning house - supper - some
peaceful reading & a well earned
sleep. very seriously considering
Krishna farm. I am enjoying
living alone for a while & now
realize I don't want one particular
old man, or to be tied down yet.
And I also realize I am happier
without Bruce. He is beautiful,
and I love him for what he is
(himself) - but, we were never

~~serial~~
~~_____~~

meant for each other. ~~_____~~
 everything I believe in: pure,
 organic foods, Krishna Consciousness,
Silence, as little possessions as
 possible, & sex for the sake of
 creating a child (not pleasure) ~~_____~~
 not indulging in anything ~~_____~~
 artificial or synthetic, or ~~_____~~ harmful,
 (drugs (dope ^{cigarettes} & ^{coffee} medicine, electric ~~_____~~
 music etc) - are just about ~~_____~~
 opposite of his ways. He is a
 beautiful brother - but, God didn't
 place him on this earth to be my
 mate. I've had many 'loves' like
 this - and always realized in
 the long run (after much illusion)
 that we were ~~not~~ meant to be together.
 I guess I've been rushing myself
 into things - I MUST SLOW DOWN,
 MELLOW OUT - GET MYSELF
 TOGETHER - STANDING ON
 MY OWN TWO FEET - happily,
 & peacefully - and then I can
 start looking for my right
 mate, with God on my side.

It's so nice to eat well.
 After a luscious supper, a bit
 of reading, a warm cup of tea, and
 then to bed. bliss - well, temporary,
 illusionary bliss!

May 20th - Aries Moon

Got up early, cleaned house, ate breakfast, went up to ~~base~~^{nose} - washed clothes, came back home to hang them in sun, went back up with dishes, Diane there doing hers - took shower, washed hair - rapped with her a long time - washed dishes, went home, laid in sun awhile, went in - made rice pudding, "boiled cooked rice in creamy milk with pieces of dates, apple, honey, cinnamon & clove added" - came out very good (prasadam!) - but egg, vanilla extract & nutmeg should have been in it (and walnuts, raisins & banana make it quite delicious). Reading more about Krishna Consciousness - much to learn. Still noon (3:30 or 4 approx) but I am under the bed covers - the sun is still out brightly but the wind has built up intensely & it is cold, going to read, read, read - till beddy-bye.

May 21st - Aries

got up very early again, ate some rice pudding, Thinking, Thinking, Thinking about W. Va. - all the folks back home - the mountains - the Krishna Farm. 66

but this place is so beautiful, and I would like to RETURN - but if I Leave I may stay with the Krishna people - or maybe find a tighter communal family - but, I also might lose my house, well, I could have someone stay in it UNTIL I get back - + if I decide NOT to RETURN I could write to them + tell them! Didn't do much of anything today, walked up to Top Land - deposited puppy at front gate. It became a great nuisance, quite a shame, a pretty, friendly thing - improperly cared for & untrained. Saw Moon Flower - said she'd give me more cool STAMPS before I split.

Broke off branch of ALVIRA - ANTISEPTIC cactus juice. Came home. Laid down, Read + studied from Translation of the Gita's. Finished "Electric Fool - Acid Acid Test." Made supper, NO WATER. They turned it off. Thirsty, ate oranges in its places. Making Pig of myself with this food. going to START drawing a 67

Limits on when & what I eat
going to go to sleep early.

Babaji starting to wag a dep
slightly - still purrs a lot - eats
well - but looks scrawny &
rather sickly.

May 22nd - decided to leave
go back to W. Va & live on Dad's
small farm: working & learning
in garden - & working on getting
closer to God. Spend some time
on Krishna farm. Maybe find 1 or 2
people to live with me.

John
Lloyd
Pat
Moonflower - S.F.
Steve - S.F.
Liz - S.F.
Bruce
Jack

Clash
Peter
Paul

- Wade in the water
- stove pipes busted but
the wood still burns
Krishna

Berkeley

FRANK
CASEY
Bill
John
Mama
Linda
Ronnie
Kraig
Nina
Dave
C. S. Quetlin

Hare

Pres Tom
Lo F. 2nd



Hare Krishna

Posted this
on bulletin
Board when I
left wheelers

~~To the people~~

I came to this land, alone
lost and searching. I lived here
keeping mostly silent and to
myself. But I watched, and I
listened. I watched each person,
their faces - their movements. I
listened to their words. I watched
things grow I planted with my own
hands - growing by God's will.
I learned as much as I could
from nature, and those who
knew more than myself. I ate
good, pure foods from the earth.
I watched the people run
naked and free - I ran naked
and free. I sat alone in the
woods and listened to the silence
of myself. And I felt a calmness
come over me. An inner serenity
that I couldn't put to words - that
I can only let shine. I felt
part of the Whole. And tho'
the time has come for me to
travel on ~~to~~ my journey ~~then~~ in
life. I will be taking the goodness
and love of this land and its
people within my heart always.
Thank-you people for being so
kind. Thank you nature - for teaching
me and being my mother. Thank-you
God for everything. I go in peace.